

Drug Name Pills	Generic Name	Do not take before allergy clinic appt
Alavert/Claritin/Clarinet/ Claritin D	Loratadine/Desloratadine	4 days
Allegra/Allegra D	Fexofenadine	4 days
Aller-chlor	Chlorpheniramine	4 days
Atarax/Vistaril	Hydroxyzine	7 days
Axid	Nizatidine	4 days
Antivert	Meclizine	7 days
Silenor	Doxepin***	7 days
Benadryl	Diphenhydramine	4 days
Unisom/Nyquil	Doxylamine	4 days
Brovex, Dimetapp, Bromfed, Rynex	Brompheniramine	4 days
	Clemastine	4 days
Dramamine	Dimenhydrinate	4 days
Zyrtec/Zyrtec D	Cetirizine	4 days
Xyzal	Levocetirizine	7 days
Ryvent/Karbinal	Carbinoxamine	4 days
Tagamet	Cimetidine	4 days
Pepcid	Famotidine	4 days
Periactin	Cyproheptadine	4 days
Phenergan	Promethazine	4 days
Unisom		
	Ketotifen	4 days
Nose Sprays		
Astepro	Azelastine	4 days
Dymista	Azelastine/Flonase	4 days
Ryaltris	Olopatadine/Mometasone	4 days
Eye Drops		
Visine A/Naphcon A	Pheniramine	4 days
	Epinastine	4 days
Pataday /Patanol	Olopatadine	4 days
Zaditor	Ketotifen	4 days
Over the Counter cough/cold medications/sleep aids	Tylenol PM Advil PM	4 days
Do not stop any other medications unless approved by your prescribing physician *** (ex Doxepin)		This may not be a complete list as new medications become available so if any questions please call!!